

December 3, 1978 Satsaṅga with Baba Hari Dass

Edit notes: The following was typed from notes handwritten at the time of the darśana. Q denotes a question. B indicates what Babaji wrote on his chalkboard, as read by the reader, and then as heard and noted by someone present. R is comments likely of the chalkboard reader. U is other voices in the notes which were unattributed. Comments in square brackets are generally those of the typist. There was editing for format and IAST transliteration of Sanskrit terms.

[middle section]

Q: Om̐ is the sound of all manifestation taken together.

[Babaji drew Om̐ sign with bottom representing form and top “cup” and dot representing formless.]

B: The three guṇa are the cause of creation with form.

Q: Is śūnyatā the same thing as kaivalya?

B: Yes.

Q: What is the nature of the energy released with hyerventilation?

B: Prāṇa is inhaling life energy. Apāna is exhaling life energy. In a deep exhalation, prāṇa energy is strengthened.

Q: What is the relationship between saṃskāra and vāsanā?

B: Vāsanā equal desires. Vāsanā create saṃskāra. And the saṃskāra are expressed in a form of vāsanā.

B: That, in time, makes karma, action, so actions, desires, and imprint all reinforce each other and keep the wheel turning.

Q: How should one prepare for death?

B: By accepting death as a part of life. We don't accept death, so our mind always tries to hide from death.

Q: In view of recent cataclysmic events, what is your opinion of the fact that the old order is almost over and the new cosmic day is dawning, indeed one of great galactic proportions?

B: There were always earthquakes in the past. It is a cycle of creation. The time is always changing. New things come, and get old and die out.

Q: Do you think that the spiritual level of the planet is changing now?

B: It always changes. China was once very spiritual and now it is atheistic.

Q: Everybody has been talking in recent years about the dawning of the Aquarian Age.

B: I've been hearing this for the past 45 or 50 years.

Q: So maybe it's not changing.

B: It's always changing.

Q: But you don't think there is a renaissance or rebirth going on?

B: It's changing in different ways in different places.

R: Nature keeps a balance. As it's going down, say, in the East, it's rising in the West.

B: Tibet is another example.

R: Tibet was once very spiritual and now it's totally subjugated.

Q: Does Babaji feel that as the people in America awaken more and more spiritually, the government will have to change?

B: The Buddhist countries all were in wars. According to Buddhism, there should not be any war. When there will be a spiritual government, still there will be problems. When Rāma was ruling, there were wars. Good and bad are both important to keep a balance. Individually we can peel away the ignorance, just as we peel off the skin of an orange and use its essence. We are capable of developing positivities individually.

Q: Do you personally foresee any change in the government?

B: It always changes.

Q: Do you maybe see a system that will bring us together?

B: Sometimes.

Q: There are people starving every day and people who have too much. Will this disparity ever even out?

B: Some are dying hungry and some are dying by eating too much.

R: They're all dying.

[Questioner thought that meditation meant that everything in life becomes less automatic as concentration generalizes. But earlier Babaji said samādhi becomes automatic.

Answer and rest of this satsaṅga is on missing sheet.]

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